

Common KY WIC-Approved Formulas

all formulas listed provide 20 cal/fl. oz

Contract Formulas

Gerber Good Start Gentle Stage 1

Milk-based infant formula with DHA, ARA, Probiotic B. lactis and prebiotic galacto-oligosaccharides (GOS)

Gerber Good Start Soothe Stage 1

Milk-based product that is lactose reduced (by 30%) with Lactobacillus reuteri (L. reuteri) a probiotic. Designed to promote easy digestion and reduce gassiness and fussiness.

Gerber Good Start Soy Stage 1

Soy-based infant formula with DHA & ARA. For milk protein allergy, lactose intolerance, galactosemia, gluten sensitivity or for vegetarian families. Kosher and Halal.

WIC Guidelines: *Due to increased incidence of osteopenia (bone volume reduction), soy formulas should not be used for preterm infants.

Noncontract Formulas

Enfamil AR

Milk-based, pre-thickened with added rice start with DHA and ARA. For infants with frequent spit up, management of reflux, or gastroesophageal reflux (GER or GERD). Not intended to be used past 6 months of age. Gluten Free. (Not recommended for preterm infants or patients with galactosemia) *(no contract formulas are comparable, may be provided with a valid WIC-200.)*

Enfamil Gentlease

Lactose-reduced milk-based with DHA & ARA. For infants with lactose-sensitivity and sensitive stomachs. Gluten Free. (Not recommended for patients with galactosemia) *(Must try GS Soothe and GS Soy)*

Enfamil Infant

Milk-based infant formula with DHA & Choline, nucleotides & prebiotics. Gluten Free. *(Must try GS Gentle and GS Soothe)*

Enfamil Prosobee

Soy-based formula with DHA & ARA. For infants intolerant to milk protein, lactose or sucrose, galactosemia, gluten sensitivity. Lactose Free, Galactose Free, Sucrose Free, Gluten Free, & Milk Free. *(Must try GS Soy and GS Soothe-if no allergies)*

WIC Guidelines:*Due to increased incidence of osteopenia (bone volume reduction), soy formulas should not be used for preterm infants.

Similac Advance 20 Stage 1

A Milk-based infant formula with DHA & ARA, prebiotics, nucleotides and antioxidants. This product contains milk and soy ingredients. Kosher & Halal, Gluten Free. *(Must try GS Gentle and GS Soothe)*

Similac Soy Isomil 20 Stage 1

Soy-based infant formula with DHA & ARA, prebiotics, nucleotides and antioxidants. For infants intolerant to milk protein or lactose; galactosemia. Kosher, Halal, Gluten Free. *(Must try GS Soy and GS Soothe-if no allergies)*

WIC Guidelines:*Due to increased incidence of osteopenia (bone volume reduction), soy formulas should not be used for preterm infants.

Common Formulas NOT WIC-APPROVED

All Similac formulas that are 19 kcal/fl oz are not WIC-approved in Kentucky. These include:

- Similac Advance Stage 1
- Similac Advance Stage 2
- Similac Advance Non-GMO
- Similac Go and Grow (Milk Based)
- Similac Soy Isomil 2
- Similac Sensitive
- Similac Spit Up
- Similac Total Comfort
- Similac for Supplementation
- Similac Pro-Advance
- Similac Pro-Sensitive