

Programs & Services Available



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HOURS OF OPERATION: M-F 8:00-4:30

www.laurelcohealthdept.org



@laurelcohealth

Mission:

Laurel County Health Department is dedicated to serving Laurel County in efforts to prevent, promote and protect the public health of its citizens by providing quality health education, preventive health care and environmental services.

Values:

- We recognize and affirm the unique and intrinsic worth of each individual
- We treat all those we serve with compassion and kindness
- We strive to act with absolute honesty, integrity and fairness in the way we conduct our business
- We trust our co-workers as valuable members of our healthcare team and pledge to treat one another with loyalty respect, and dignity



10 Essential Public Health Services

The 10 Essential Public Health Services describe the public health activities that all communities should undertake:

1. Monitor health status to identify and solve community health problems
2. Diagnose and investigate health problems and health hazards in the community.
3. Inform, educate, and empower people about health issues.
4. Mobilize community partnerships and action to identify and solve health problems.
5. Develop policies and plans that support individual and community health efforts.
6. Enforce laws and regulations that protect health and ensure safety.
7. Link people to needed personal health services and assure the provision of health care when otherwise unavailable.
8. Assure competent public and personal health care workforce.
9. Evaluate effectiveness, accessibility, and quality of personal and population-based health services.
10. Research for new insights and innovative solutions to health problems.

Late Clinic Availability:

Need an appointment after our regular business hours?

The Laurel County Health Department provides a late clinic one evening per month during the months of April through October. The clinic remains open until 6pm during this time. For more information on when late clinics occur, contact the health department at 606-878-7754.

Reporting Public Health Emergencies After Hours:

For emergencies occurring outside of normal business hours, please contact the appropriate authorities or seek the necessary medical attention. Law enforcement, local first responders, local hospitals and health care providers have after hours contact information for Health Department staff and will make the necessary contacts.

PROGRAMS AND SERVICES PROVIDED

(Alphabetical order)

Breastfeeding Peer Counselor Program

Contacts: Carolee Epperson, RN
Tina Stevenson, Breastfeeding Peer Counselor

The breastfeeding peer counselors work with WIC Mothers who are planning on breastfeeding or are currently breastfeeding. The goal of the breastfeeding peer counselor programs is to increase the rate of breastfeeding mothers in Laurel County. They provide support and assistance for the mother in the case of breastfeeding complications.

Communicable Disease/Epidemiology

Contacts: Gabriella Hodges, Regional Epidemiologist
Carolee Epperson, RN

The Communicable Disease Program is responsible for the prevention and control of certain infectious diseases. Physicians, hospitals, and laboratories report communicable diseases as required by 902 KAR 2:020 to the Epidemiology unit of the health department. Qualified health department staff persons provide investigation of the cases and report the communicable diseases to the state office which reports to Centers for Disease Control and Prevention.

Diabetes Education Program

Contacts: Ronda Arnold, BSN
Brittany Moore, MSN, RDN, LD

Services include Comprehensive diabetes self-management education classes, support groups, weight loss classes, and public awareness activities are also

included in the program, available for workshops for civic clubs, seniors, and religious organizations on diabetes risks.

Environmental Services:

Contacts: Tim Vorbeck, Environmental Supervisor
Rick Evans, Senior Health Environmentalist, R.S.
Brian Bell, Senior Health Environmentalist, R. S.

The Environmental Services Branch provides the following services to ensure environmental protection in our community. Services are geared to disease prevention and eliminating existing unsanitary conditions and safety hazards in public facilities and the individual's personal environment.

- Restaurant Sanitary Inspections
- Retail Establishment Sanitary Inspections
- Hotel/Motel Sanitary Inspections
- Swimming/Spa Sanitary Inspections
- Dog Bite Quarantine Inquiries
- Septic System Installation Inspections
- Tattoo/Body Piercing Sanitary Inspections
- Well Water Sanitary Sampling
- Youth Camp Sanitary Inspections
- Public School/Cafeteria Sanitary Inspections
- Day Care/Nursing Kitchen Facility Inspections
- Septic Leak Nuisance Inquiries
- Mobile Home Park Sanitary Inspections
- Recreational Vehicle Park Sanitary Inspections

Family Planning Program

Contacts: Any Public Health Nurse

Family planning services are available to all low-income persons defined as those who are at or below 100% of the federal poverty guidelines, teens and women at risk for unintended pregnancy who have no other means to obtain care. Services

are offered in a competent, non-discriminatory manner, respecting patient confidentiality and the patient's voluntary request.

Grief Counseling Referrals

Contacts: Ronda Arnold, BSN

This service is available to any parent or family member who has experienced an infant/child loss (birth through 17 years of age) as the result of stillbirth, miscarriage, or infant/child death. The local health department can provide referrals for these families for grief counseling services.

HANDS Program

Contacts: Beth Smith, LBSW, Program Coordinator
Rhoda Sasser, Sr. FSW
Kassidy Carpenter, FSW
Heather Smith, FSW

The HANDS home visitation program is a voluntary, intensive program designed to assist new or expectant parents at critical development points during the baby's first years of life. It targets women during their pregnancy to assist with development, parenting skills; health services and other needed resources.

Health Education Programs

Contacts: Brandi Gilley, MPH, RDN, LD
Brittany Moore, MSN, RDN, LD
Tyler Caldwell, BS

Provides health education programs for all age groups on a variety of health-related topics to the community, including groups, organizations, institutions, and public/private schools.

Home Visiting Services

Contacts: Any Public Health Nurse

This service is available through the local health department and all departments throughout Kentucky. It may be performed due to referrals from private physicians and/or hospitals. It is available to any Kentucky citizen. All home visits must meet 907 KAR 3:130 medical necessities.

Immunization Program

Contacts: Carolee Epperson, RN

The immunization program is available to children 18 years of age or younger to ensure that all children are adequately immunized for prevention of disease. Vaccines for adults such as flu and pneumonia are also available.

Kentucky Women's Cancer Screening Program

Contacts: Any Public Health Nurse

Services include female adult preventive visits, cancer screening, diagnostic evaluation, patient education, and case management. Individuals must meet income and insurance requirements to qualify for the program.

Lead Screening Program

Contacts: Carolee Epperson, RN

The program is available to children that may be exposed to situations where lead exposure exists. Routine screening with a risk assessment is performed. This service is offered during preventive health visits and is not intended to be done as an independent service.

Medical Nutrition Therapy Counseling Services

Contacts: Brittany Moore, MSN, RDN, LD
Brandi Gilley, MPH, RDN, LD

Provides nutrition counseling services on a one-on-one basis for cholesterol, hypertension, diabetes, food allergies, weight loss, or other nutrition-related diseases. This is a billable service. If you don't have insurance or your insurance is not accepted, the fee will be based on household income.

Preconception Health Care

Contacts: Any Public Health Nurse

This program utilizes assessment skills for the identification of conditions that could affect a future pregnancy but may be altered by early intervention with maternal lifestyle modification and improved health prior to conception.

Public Health Preparedness

Contacts: Rebecca Patton, Regional Preparedness Coordinator

The public health preparedness coordinator works with local and regional response partners for development of emergency operations plans. Local and regional exercises are developed, executed and evaluated to demonstrate proficiency in responding to bio-terrorism, infectious disease outbreaks, as well as weather related emergencies.

Sexually Transmitted Diseases and HIV Services

Contacts: Any Public Health Nurse

The program is conducted at each health department giving face-to-face pre-test and post-test counseling by a qualified counselor trained in the HIV counseling, testing and partner notification course.

TB Program

Contacts: Carolee Epperson, RN

The program is intended for the education and prevention of TB.

Tobacco Dependence, Treatment and Counseling Prevention Services

Contacts: Brandi Gilley, MPH, RD, LD
Brittany Moore, MS, RD, LD

The program is intended for the education of the public on the effects of tobacco abuse and prevention efforts geared toward youth cessation programs, adult cessation programs, and healthy home and work environments. Call the health department or visit our website for more information on cessation and prevention services available.

Vital Statistics

Contacts: Stephanie Martin

Birth Certificate Request Forms
Death Certificate Request Forms
Paternity Affidavits

Pediatric Program

Contacts: Carolee Epperson, RN

The purpose of the program is to provide comprehensive health and history screening and assessment of the physical, mental, and social well being of children birth through 20 years of age.

WIC Program

Contacts: Brittany Moore, MSN, RDN, LD

The Special Supplemental Nutrition Program for women, infants, and children provides, without cost to the recipient, specific nutritious foods along with nutrition education to low income and nutritionally at risk pregnant, breastfeeding, and postpartum women and to infant and children up to the age of five. The goals are to improve the outcome of high-risk pregnancies, to decrease the incidence of anemia, poor growth patterns and to improve dietary habits of the recipients through healthy foods and nutrition education.

Other Services:

Immunization Records
Community Health Planning

